**AccuRx Messaging for Colecalciferol Review 22/23**

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# Introduction

This document provides suggested wording for practices to use (or adapt) in text messages from GP practices. The included scenarios give examples of which leaflet is sent and when. If the links in the text messaging do not work, then it is best that the practice manager saves the leaflets on to EMIS or SystmOne so that they can be sent as attachments to the text.

Leaflets can be found here:

* Prevention: [Information to prevent low vitamin D levels](https://surreyccg.res-systems.net/PAD/Content/Documents/2/Vitamin_D_prevention_advice%20for%20patients_v3.0.pdf)
* Maintenance: [Information about vitamin D supplements to treat low vitamin D levels](https://surreyccg.res-systems.net/PAD/Content/Documents/2/Vitamin_D_maintenance_advice%20for%20patients_V1.0.pdf)

Practice managers will know how to set these messages up on AccuRx

# AccuRx Text Messaging

Prevention messages will be used more frequently than maintenance messages, so to ensure they appear before the maintenance message on the clinical system it is important that you title the messages exactly as below.

**The wording are suggestions only, but practices can amend or write their own if they prefer. Always check links are correct.**

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| Prevention **Title of AccuRx message:**  Vitamin D Prevention Advice - 400iu OTC  **Body of AccuRx message:**  NHS England advise that your GP should **not** prescribe vitamin D (colecalciferol) for routine prevention. You are advised to take 400 IU (10 micrograms) of vitamin D daily. Please purchase this from a pharmacy or supermarket. Please see link for leaflet on "Information to prevent low vitamin D levels”: shorturl.at/eB368  **Alternative AccuRx message:** Vitamin D (colecalciferol) is no longer recommended for routine prescribing by GPs. If currently prescribed it has been removed from your prescription. NHS England recommended that you now purchase vitamin D from a pharmacy or supermarket of 400iu (10 micrograms) daily. Please see link for leaflet on "Information to prevent low vitamin D levels”: shorturl.at/eB368 |

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| Maintenance **Title of AccuRx message:**  Vitamin D to Treat Low Levels – 1000 iu OTC  **Body of AccuRx message:**  NHS England advises that your GP should not prescribe vitamin D (colecalciferol) for routine prevention. You should take 1000 IU (25 micrograms) of vitamin D daily. Please purchase this from a pharmacy or supermarket. Please see link for leaflet on “Information about vitamin D supplements to treat low vitamin D levels – Maintenance Dose”: shorturl.at/abf05  **Alternative AccuRx message:**  Vitamin D (colecalciferol) is no longer recommended for routine prescribing by GPs. If currently prescribed it has been removed from your prescription. It is recommended you purchase vitamin D 1000iu (25 micrograms) from a pharmacy or supermarket and take daily. Please see leaflet by clicking on link “Information about vitamin D supplements to treat low vitamin D levels – Maintenance Dose” shorturl.at/abf05  **Note if GPs are recommending to patient a higher dose of 2000 to 4000 iu they can amend the 1000 iu in the text to state this** |

# Scenarios When You Might Use The Leaflet

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| Scenario | Leaflet to attach to AccuRx message |
| 1. Never been on colecalciferol and recommending it is OTC vitamin D of 400iu | Vitamin D prevention advice – 400 iu daily |
| 1. Have completed a treatment (high) dose course (7 to 12 weeks depending on dose) of vitamin D **or** a course of vitamin D for insufficiency (12 weeks) and now recommending higher dose of OTC vitamin D of 1000iu | Vitamin D maintenance advice – 800 – 2000 iu daily  Or to prescribe if they meet criteria for prescribing |
| 1. Patients who have insufficient vitamin D (Levels of 25 to 50) but do not have high risk factors should be recommended to buy higher dose of OTC vitamin D at 800 to 2000iu per day and not 400 iu per day | Vitamin D maintenance advice – 800 – 2000 iu daily  Or to prescribe if they meet criteria for prescribing |
| 1. For patients in the high-risk category presenting with symptomatic insufficiency, can be prescribed on the NHS 800 – 2000 units of colecalciferol per day | These patients should be prescribed for an AccuRx message is not required |
| 1. For patients in the high-risk category presenting asymptomatically should be recommended to buy OTC 800 – 2000 units of colecalciferol per day | Vitamin D maintenance advice – 800 – 2000 iu daily  Amend text for dose you want them to purchase |
| 1. Patients currently on maintenance dose such as 400 to 2000 iu daily and do not need higher dose and have been inappropriately prescribed | Stop prescribing and recommend 400 iu vitamin D OTC – prevention leaflet or if had treatment dose prior to the current dose then recommend 1000 iu daily and give Vitamin D maintenance advice – 800 – 2000 iu daily |